

# Chart Stimulated Recall (CSR) Worksheet



Name:

Peer interview conducted by:

Date:

Chart ID:

The following work sheet can be used to guide physiotherapists/physical therapists to examine in detail the clinical care provided to a patient. A 'trusted' peer can pose the questions and record the information in the boxes provided. Please take some time to dialogue about the overall care, highlighting areas of strength and opportunities for improvement.

Using peer interviews to reflect on practice is one way in which physiotherapists/physical therapists can promote their ongoing continuing competence, and can include this worksheet in the mandatory professional portfolio.

Questions	Comments
<b>General</b>	
1. Briefly (in a couple of sentences) can you tell me a little bit about this patient, their presenting condition and the reason for any physiotherapy intervention.	
<b>Patient Assessment/Communication and Interdisciplinary Practice</b>	
2. I see you collected [this history and background] information.  What other information did you gather from team members involved in the patient's care?  Could you describe the relevance of the information and the impact on the physiotherapy care provided?	
3. Describe how you obtained informed consent from the patient for any assessment and treatment plan. What was discussed with the patient?	

## Clinical Impression and Intervention Planning

4. Review the physical/objective assessments that were performed.

Based on the results of the assessments, what was your overall clinical impression?

What other information might have been relevant?

5. Please explain how the results of the assessment led to the delivery of the described treatment plan.

Were other alternative courses of action or treatments considered?

6. Describe any discussions you had with the patient (or authorized representative) and/or health care team with respect to how the patient's goals and expected outcomes were established and could best be achieved.

*Patient characteristics sometimes influence decision making (e.g. psychosocial issues, compliance, past medical history, support systems, employment).*

Was there anything unique about this patient that required a new or different approach to establishing goals and expected outcomes?

## Implementation and Evaluation of Physiotherapy Intervention

7. What measures did you use to monitor the patient's condition?

Was the treatment effective, why?

8. Did you assign any components of treatment to support staff?

If so, what factors or risks were considered when assigning components of care?

How did you monitor this assigned care?

9. How did you decide how often to see this patient and for what duration?

(a) How did you communicate the plans for completion of the physiotherapy intervention?

(b) What steps did you take to assist in community integration or communication with other care providers?

(c) Did you communicate any recommendations for post discharge or self management or education?

## Reflection on Practice

10. Take a moment to reflect back on this patient's case.

- (a) How did the patient condition progress compared to what you had expected? What factors were considered?
- (b) Should any other professional have been involved to benefit this patient? Please describe.

11. When treating patients with this or a similar type of condition:

- (a) Can you describe any issues you have met in practice that have prompted you to consult with peers?
- (b) Please share any learning opportunities you may have identified arising from the management of this patient's condition.  
How could this new learning influence future management of patients presenting with similar conditions?

## Risk Assessment

*The following questions apply to individuals who are on the roster to perform one or more authorized activities.*

12. Please describe how you assessed and then identified any possible:

- (a) risks,
- (b) benefits,
- (c) side effects,

...that may apply to this patient in relation to performing

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## Adverse Consequences

13. Please describe any adverse consequences that may arise in your practice related to the performance of

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14. Please describe the course of action you will follow if the treatment administered results in an adverse outcome for the patient during, or following, a treatment?

Are these actions described in any policy or protocol?

## Collaborative Care

15. Were other health care professionals involved in the patient's care?

Describe how you facilitated a coordinated approach to care and appropriate, timely communication.

**Comments/Areas of Strength/Areas Requiring Ongoing Learning:**