

# Perspectives



September 2020 | [www.collegept.org](http://www.collegept.org) | [info@collegept.org](mailto:info@collegept.org)

Welcome to the September edition of Perspectives.

I would like to acknowledge everything you have been doing to keep your patients, your families and yourselves safe during what appears to a long-term relationship with COVID-19. It has been difficult for everyone and I know you will continue to do your best – thank you!

I also wanted to remind all physiotherapists to complete their 2020 annual renewal. If you have not yet renewed, be sure to do so by September 30 to avoid a late fee. You will find further instructions as you scroll through the newsletter.

Stay safe,

Rod Hamilton  
Registrar  
College of Physiotherapists of Ontario

## New Case of the Month: Treatment, Interrupted

Physiotherapists are required to uphold the privacy of their patients and maintain appropriate boundaries within the therapeutic relationship.

In a new case of the month called "*Treatment, Interrupted*" we explore what happens when one PT brings their child to the clinic and allows their personal life to negatively impact their therapeutic relationship with a patient.

Consent, communication, privacy, boundaries, record keeping - don't miss this case.

[Read the Case](#)

## PTs Working in Schools: Information and Resources

We have compiled information, resources and frequently asked questions to support physiotherapists working in schools during the pandemic.

PTs working in a school setting should continue to follow the direction from the Ministry of Health and the Chief Medical Officer of Health detailed in [Directive #2 for Health Care Providers](#) and the accompanying [Operational Requirements for Health Sector Restart](#). The

Government is recommending that health care providers continue to consider the use of virtual care as opposed to in person care where possible.

The Government has also released a [guide to reopening Ontario's schools](#) that PTs returning to practice in a school setting should be familiar with.

Review our FAQs related to working in schools for answers about:

- Screening students for COVID-19
- The use of PPE
- Virtual care for students at home
- Working at multiple schools

### PTs Working in Schools

## New Mental Health Resource: Wellness Together Canada

[Wellness Together Canada](#) is a partnership between Stepped Care Solutions, Kids Help Phone, and Homewood Health. It is funded by Health Canada and was created as a response to the mental health needs of Canadians in the wake of COVID-19.

Wellness Together Canada offers free mental health services for everyone, 24/7. You can sign in and create an account to see how your mental health is progressing, or opt not to sign in and still access free educational resources, e-courses and counselling.

Make use of this helpful resource as needed and share with anyone else who may find it beneficial - friends, family, co-workers or patients. The College has additional mental health resources available on our website.

### More Mental Health Resources

## Top Practice Advice Questions: What Are PTs Asking?

What are your peers asking the Practice Advice team lately? We've created a new page to highlight some of the top practice advice questions. This page will be updated regularly so be sure to check back frequently - you just might find the answer to your question.

This month we're answering:

- Do patients have to wear masks? Can a PT refuse treatment if they don't wear a mask?
- Can physiotherapists work at multiple worksites? What needs to be considered?
- Can a physiotherapist open a clinic in their own home?
- Can PTs thank patients by giving them a gift card if they refer somebody new to the clinic?

### Popular Practice Advice Questions

## Standard Highlight: Conflict of Interest

Physiotherapists must recognize and manage situations that may result in a real, potential, or perceived conflict of interest.

A physiotherapist is in a conflict of interest if their professional actions or decisions result in a benefit to themselves, a relative, or a corporation in which they or a relative have an interest, if they offer or give a benefit to someone else, or they a benefit for favourable treatment or help in a business deal.

Examples of a conflict of interest include:

- You refer all your patients to get massage therapy at your partner's spa.
- You pay the doctor in your building \$10 for every patient they refer to your practice
- A drug company pays you a \$100 commission for every 10 bottles of their muscle cream that you sell.

Read the Conflict of Interest Standard and review the accompanying frequently asked questions for more information.

### Review the Standard

#### Practice Advice Question

*Can I reward patients with free treatments in exchange for a positive review of our physiotherapy clinic on social media?*

[Get the Answer](#)

#### Myth vs Fact

*Physiotherapists can see a patient who screens positive for COVID-19 because they cross the border for work.*

**Is this a myth or a fact?**

[Find Out](#)



## Infection Prevention and Control Resources

**Infection Prevention and Control (IPAC) best practices and resources are crucial to help keep everyone safe.**

Infection Prevention and Control needs to be top of mind for all physiotherapists to help keep patients and others safe against COVID-19, the flu and other illnesses or infection.

PTs must follow the College's [Infection Control and Equipment Maintenance Standard](#) and must use current and generally-accepted infection prevention and control measures that are relevant to their practice setting.

In a pandemic, information can evolve quickly and frequently. PTs are encouraged to regularly and proactively seek information from trusted sources including Public Health Ontario, Infection Prevention and Control Canada, and the Public Health Agency of Canada.

Here are a few helpful resources you may want to bookmark:

- [Best Practices for Environmental Cleaning for Prevention and Control of Infections in](#)

## [All Health Care Settings](#)

- [Hand Hygiene in Healthcare Settings](#)
- [Cleaning and Disinfection for Public Settings](#)
- [Just Clean Your Hands Videos](#)

### More IPAC Resources

## Critical + COVID Care Learning: Research Study

A research team for Critical Care Learning is seeking physiotherapists to participate in a voluntary research study about the user experience for PTs on the [covidcarelearning.ca](https://www.covidcarelearning.ca) website.

To participate in a focus group and share your experience with the [covidcarelearning.ca](https://www.covidcarelearning.ca) website, visit the [physiotherapy](#) course page or contact [jaimie.coleman@utoronto.ca](mailto:jaimie.coleman@utoronto.ca).

To register for a free account with Critical + COVID Care Learning, please email [communications@collegept.org](mailto:communications@collegept.org) for an access code and then register at the link below.

### COVID + Critical Care Learning

## SIX Days Left to Complete Annual Renewal & PISA

### Annual Renewal

A friendly reminder that all physiotherapists **who have yet to renew their registration with the College** that the deadline is **September 30, 2020**. Renewing after the deadline results in a \$225 late fee, so be sure to renew as soon as possible!

**Important:** If you are not planning to practice physiotherapy or use the title of physiotherapist in Ontario, you may choose to resign from the College, rather than renew. If you wish to resign, you **MUST** submit a **WRITTEN RESIGNATION NOTICE** before September 30, 2020 at 11:59 pm or you may be suspended for non-payment. Please send a quick email to [renewal@collegept.org](mailto:renewal@collegept.org) to resign or get answers to your questions.

### Renew Now

### PISA

The 2020 PISA deadline has also been extended until September 30. As a reminder, PISA is a multiple choice exercise and there is no pass or fail - you just need to complete it.

If you have not completed it you will be receiving specific emails from the College alerting you to this fact. Please get it done as soon as possible. Take 15 minutes and complete it.

Important: you **MUST** click on the **SUBMIT** button at the end or the system will not record that

you are done. Thanks!

Also, anyone is welcome to do PISA again if they like, or to share it with a PT student, a PTA or an employer. Note: if you are not a registered PT just enter 00000 in the registration number field and work your way through the questions. Enjoy!

[Complete PISA](#)

# Welcome

## New Registrants

The College would like to welcome our newly registered physiotherapists.

[View the List](#)

## Questions? Ask the Advisor

Free, Confidential Advice Available for the Public and  
Practice Advice for Physiotherapists

Call 1-800-583-5885 ext. 241 or 416-591-3828 ext. 241  
or email [advice@collegept.org](mailto:advice@collegept.org)

Comments or questions related to Perspectives?  
Get in touch at [communications@collegept.org](mailto:communications@collegept.org) or 1-800-583-5885 ext. 234.

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