

# Perspectives



July 2023 | [www.collegept.org](http://www.collegept.org) | [info@collegept.org](mailto:info@collegept.org)

Welcome to the July edition of Perspectives. Inside you'll find helpful reminders and tips to support your practice and have a chance to review our 2022-2023 Annual Report. The report breaks down our work from the past year, takes a closer look at the profile of the physiotherapy profession in Ontario, and sets the stage for the year ahead.

Serving the public interest and supporting you as you provide high-quality care to your patients is the foundation of our work. As I look forward, I'd love to hear more from the profession and your thoughts on our work at the College. Please feel free to connect with me at [registrar@collegept.org](mailto:registrar@collegept.org). While I may not be able to reply to every email I receive, I appreciate the opportunity to learn from you and am committed to reading any feedback you provide.

I know taking a break can sometimes be challenging as we navigate busy professional and personal lives, but I hope you're finding opportunities to take advantage of the summer weather.

All the best,



Craig Roxborough  
Registrar & CEO

## New Blog: Tips for Proper Record Keeping

Good record keeping is crucial for effective patient care, professional accountability, and compliance with the [College's Record Keeping Standard](#). In a new blog, we explore 10 tips for good record keeping, including:

- Documenting consent
- Staying organized
- Maintaining records for the appropriate duration
- Writing discharge summaries

Be sure to read the blog for all the tips on maintaining complete, up to date, and well-organized records.

## Apply Now to be a Bilingual Examiner for the OCE

Are you bilingual in French and English? The College is looking for bilingual physiotherapists to work as examiners for the Ontario Clinical Exam (OCE) on January 20 and 21, 2024.

Candidates must be registered physiotherapists in Ontario, able to engage in use of clinical and technical terminology in both languages, proficient in using online communication tools, and comfortable learning and using computer software.

Since the exam is virtual, examiners will work remotely from their home or another private setting using their own device. They must also participate in two training sessions before the exam.

Visit our [careers page](#) for the full job description. If you're interested in this opportunity, please submit an application on our website no later than August 4, 2023 at 5 p.m.

[Apply Now](#)

## Case of the Month: Ensure You're Insured

It's a physiotherapist's responsibility to ensure that they have liability insurance. Not only does professional liability insurance help to protect the physiotherapist, but it also helps to protect patients.

In a new Case of the Month, we'll take a look at what can happen when a patient gets injured during treatment without the PT having insurance, and what the physiotherapist should have done differently to protect themselves and the patient.

Remember, liability insurance isn't a nice to have - it's a professional requirement that you **must have** to practice physiotherapy.

[Read the Case](#)

## Quality Assurance Program Reminder

For more than a year, the Quality Assurance Team has been working to complete screening interviews for PT Residents who registered under the Exam Exemption Policy.

Now that screening interviews for this group are nearly complete, we will move back to selecting physiotherapists to complete virtual screening interviews as part of the normal Quality Assurance program.

As a reminder, Practice Assessments are mandatory for the Quality Assurance program. You will be notified by email when it's your turn to participate. When you are selected, please review the materials that you receive by email along with the resources and information on the website.

Screening interviews are approximately one hour and can be scheduled at your convenience. Most physiotherapists will be finished the process after completing the screening interview, but some may be required to complete an assessment.

## About the Screening Interview

### Practice Advice Question

*Can physiotherapists provide mobile care/supplementary care in facilities like hospitals or long-term care homes (LTCs)?*

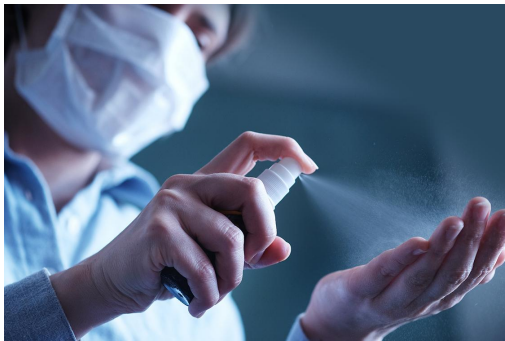
Get the Answer

### Myth vs Fact

*A PT Resident can assign care to a physiotherapist assistant (PTA).*

Is this a myth or a fact?

Find Out



## Infection Control and Equipment Maintenance Standard

PTs must identify and minimize any risks caused by infections or the use of equipment in their practice.

Physiotherapists must use current and generally accepted infection prevention and control measures that are relevant to their practice setting.

### Advice from the Practice Advisors when it comes to infection control and equipment maintenance:

**Stop:** Neglecting the cleaning and disinfection of high-touch surfaces, equipment, and treatment beds between patient sessions.

**Start:** Regularly cleaning and disinfecting or/and sterilizing (when appropriate) all equipment and surfaces in treatment areas and waiting rooms using approved disinfectants.

Remember that PTs must have appropriate written infection prevention and control protocols in their practice setting. Physiotherapists can use the two resources below as guides for learning more about best practices in infection prevention and control.

[Infection Prevention and Control \(IPAC\) Canada: Evidence-based Guidelines](#)

[Public Health Ontario: Best Practices for Environmental Cleaning for Prevention and Control of Infections in All Health Care Settings](#)

Be sure to review the complete standard and call the Practice Advisors at 1-800-583-5885 (extension 241) if you have further questions.

Read the Standard

## 2022-2023 Annual Report Now Available

The 2022-2023 Annual Report is now available. Over the past year, the College has worked hard to deliver on our mission to protect and serve the public interest throughout various challenges and new endeavors, including:

- Successfully launching the Ontario Clinical Exam (OCE)
- Creating several new resources regarding boundaries and communication
- Developing new stakeholder relationships

Read the Annual Report to learn more about what we've been up to in the last year, along with our plans for the future.

If you have any questions about the content, please email [communications@collegept.org](mailto:communications@collegept.org) and we'll be happy to answer them.

[Annual Report](#)

## Mental Health Resources

If you are looking for mental health support for yourself or to share with a patient, there are several free resources available.

Be sure to review and bookmark the [Strategies to Support Patients at Risk](#) page for tips on how to support a patient who might be dealing with thoughts of suicide, abuse, or/and other mental health challenges.

In our blog, [Patient Care Begins with Self Care: Mental Health Supports for Physiotherapists](#), we explore how to manage stress and prevent burnout.

If you're looking for resources for yourself or someone else, there's also a list of several free resources available to health care workers, patients, caregivers, and others, linked below.

If you have further questions or are looking for additional resources, please reach out to the Practice Advisors at 1-800-583-5885 (extension 241) for guidance.

[Mental Health Resources](#)

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The logo features the word "Welcome" in a large, blue, cursive script font. Below it, the words "New Registrants" are written in a smaller, blue, sans-serif font.

The College would like to welcome our newly registered physiotherapists.

[View the List](#)

## Questions? Ask the Advisor

Free, Confidential Advice Available for the Public and  
Practice Advice for Physiotherapists

Call 1-800-583-5885 ext. 241 or 647-484-8800  
or email [advice@collegept.org](mailto:advice@collegept.org)

Comments or questions related to Perspectives?  
Get in touch at [communications@collegept.org](mailto:communications@collegept.org) or 1-800-583-5885 ext. 234.

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